



## FREE T-SHIRTS!\*

\* The first 150 kids to check in at the Clinton Elementary School information booth will receive a **FREE** Streets Alive! t-shirt!

## Are you having fun?

Tell us how you feel about Streets Alive! by filling out a survey at the Partnership for a Healthy Lincoln information table. While you're there, find out how to get a FREE adult Streets Alive! t-shirt.



Partnership for a Healthy Lincoln

Streets Alive! is a City of Lincoln supported event brought to you by Partnership for a Healthy Lincoln and more than 20 generous community sponsors.



## Thank you to our generous sponsors!

### Platinum

Community Health Endowment

### Gold

Bryan Health  
CHI Health St. Elizabeth  
Lancaster County Medical Society

### Silver

Allstate  
Blue Cross Blue Shield of Nebraska  
KLKN TV Channel 8  
KX 96.9  
Lincoln Industries  
Lincoln Journal Star  
Nebraska Medical Association  
Uprise

### Bronze

10 Health TV  
Aetna Better Health  
55+ Senior Newspaper  
Great Plains Trails Network  
Holmes Murphy Associates  
Lincoln Lancaster County Health Department  
M.A.D. DADS of Lincoln  
Nebraska Academy of Nutrition & Dietetics  
UBT – Union Bank & Trust

### Route Sponsors

CK Concrete Construction  
HyVee  
Nebraska Safety Council/WorkWell  
NeighborWorks  
Open Harvest  
Roca Berry Farm  
Scheels  
Whole Foods



## Event Rules

**BE SAFE** - Streets are closed but participants should watch for vehicles, children, pets and other normal hazards. *Streets Alive!* is not held liable for participants' failure to be watchful. No weapons. No smoking.

**BE RESPONSIBLE** - Take care on the streets and sidewalks; watch for others. Dispose of litter and pet waste in responsible ways.

**BE RESPECTFUL** - Use family-friendly language; be considerate of others.

**BE GREEN** - Please recycle in the bins along the route.

**In case of emergency, contact volunteers at the Information Booths or call 911.**



Partnership for a Healthy Lincoln

## Entertainment Schedule

**Peter Pan Park – Sponsored By**

1:00 - 1:15 PM - Event Kickoff  
1:15 - 2:15 PM - The String Beans  
2:15 - 2:45 PM - Nebraska Ballet Theatre & School  
3:00 - 5:00 PM - Jeremy Pape

**Starr Street (33rd and Starr) – Sponsored By**

1:00 - 3:00 PM - KX 96.9 Live Remote

**Idylwild Park – Sponsored By:**

1:00 - 5:00 PM - Tuna Fish Jones

**Clinton Elementary School – Sponsored By**

1:00 - 2:00 PM - The Usual Suspects  
2:15 - 3:15 PM - The Sha la la's  
3:30 - 5:00 PM - Academy of Rock

### Route Performances

**Lincoln Ukulele Group** (1-3 PM, Peter Pan Park)  
**Asian Center Lion Dancing** (1:30 – 1:45 PM, 35th & Starr)  
**Roberta Doeden Country & Swing Dancing** (2-3 PM, 30th & Starr)  
**Orgullo Latino** (3-3:40 PM, 33rd & Starr)  
**Dancing Beyond Limits** (3:00-3:15PM, N. 30th & Dudley)  
**LUAU Ukulele Orchestra** (3:30-5:00 PM, Peter Pan Park)

## Fitness Stage Schedule

Sponsored by



**Idylwild and Starr**

1:00 PM - **Training for Warriors** (Capital City Fitness & Performance)  
1:40 PM - **Yoga** (Lincoln Yoga Center)  
2:20 PM - **Dance Fitness** (BeYOUtiful REFIT)  
3:00 PM - **Zumba** (YMCA of Lincoln)  
3:40 PM - **Uptempo Aerobic Workout** (Prairie Life Fitness)  
4:20 PM - **Dance Fitness** (BeYOUtiful REFIT)

**29th and Starr**

1:00 PM - **Fitness Bootcamp** (Fit4Lincoln)  
1:40 PM - **Uptempo Aerobic Workout** (Prairie Life Fitness)  
2:20 PM - **Vinyasa Yoga** (Lotus House of Yoga)  
3:00 PM - **Training for Warriors** (Capital City Fitness & Performance)  
3:40 PM - **Adult & Kid Hip Hop** (Madonna Proactive)  
4:20 PM - **Adult & Kid Zumba** (Madonna Proactive)

**City Impact**

**Vinyasa Yoga** (Anna Zach)  
(1:15 PM, 2:15 PM, 3:15 PM, 4:15 PM)

**Dance Fitness** (BeYOUtiful REFIT)  
(1:40 PM, 2:40 PM, 3:40 PM, 4:40 PM)

**CLINTON ELEMENTARY** Sponsored by:

- Common Root
- LLCHD-54321 GO!
- UNL Extension
- Aetna Better Health of Nebraska
- LPS Early Development Network
- Preservation Association of Lincoln
- Lincoln Children's Museum
- YMCA of Lincoln
- Star Tran
- Lincoln Medical Education Partnership - SCIP & Stepping Stones for Families



**29TH STREET** Sponsored by:

- People's Health Center
- Legal Aid of Nebraska
- Indigo Bridge
- Lincoln City Libraries Story Walk
- LLCHD-Tobacco Prevention Education & Awareness
- Lincoln Libraries Bookmobile
- Excel Chiropractic & Wellness



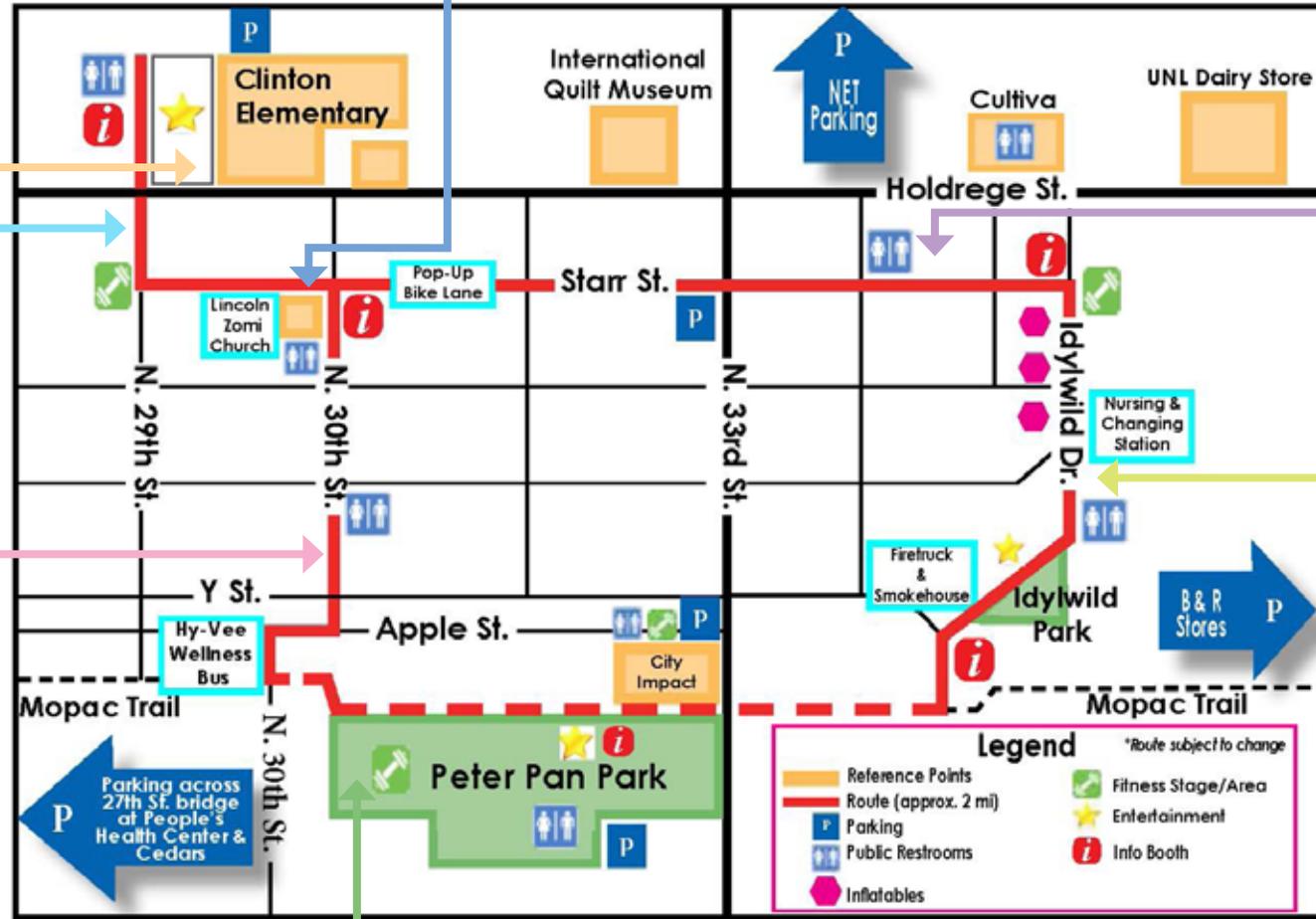
**30TH STREET** Sponsored by:

- Clinic with a Heart
- Bryan Health
- Springo-Hydration Station
- Planned Parenthood of the Heartland
- The Kim Foundation
- The Lincoln Running Company
- The Lincoln Track Club
- Open Harvest Co-op Grocery
- Domesti-PUPS
- Hy-Vee Wellness Bus
- Johnson Chiropractic & Acupuncture
- M.A.D. DADS of Lincoln
- TOPS
- Usborne Books
- Legacy Retirement Communities
- Centerpointe
- Great Plains Trails Network
- Lincoln Bike Kitchen
- Wellness Champions/Kepler Family Chiropractic
- Great Plains Bicycling Club



**FOOD VENDORS/FARMER'S MARKET – Lincoln Zomi Church, 30th & Starr**

- Nitro Burger
- Pepe's Bistro
- Grow with the Flow
- Gelato to Go
- Source. EAT FIT
- Heoya



**Legend** \*Route subject to change

- Reference Points
- Route (approx. 2 mi)
- Parking
- Public Restrooms
- Inflatables
- Fitness Stage/Area
- Entertainment
- Info Booth

**PETER PAN PARK** Sponsored by:

- Community CROPS
- Positivity Matters
- Speedway Village
- Greater Lincoln Obedience Club
- Ambassadors Baseball Academy
- Lincoln Parks and Recreation City Impact
- LLCHD-Men's & Women's Program
- The Bay
- YMCA Camp Kitaki
- Pioneers Park Nature Center
- Lincoln Animal Ambassadors
- Teach a Kid to Fish



**STARR STREET** Sponsored by:

- 10 Health TV
- City of Lincoln
- The Cat House
- Every Woman Matters
- Star City Figure Skating Club
- Nebraska Academy of Nutrition & Dietetics
- Nebraska Wesleyan University
- Lincoln Kids Newspaper
- City of Lincoln-Pop-up Bike Lane
- Safe Kids Lincoln Bike Rodeo
- Nebraska Folklife Network
- Food Bank of Lincoln SNAP Outreach
- Lincoln Lightning Roller Girls
- Clinton Neighborhood Association
- BeYOUTiful REFIT
- Lotus House of Yoga
- Malone Community Center
- Asian Community & Cultural Center
- Whole Foods
- Nebraska Safety Council/WorkWell
- El Centro de las Americas
- Prairie Life Fitness
- Wellness One
- Office of Health Disparities & Equities
- BicycLincoln
- Morgan Chiropractic & Acupuncture



**IDYLWILD DRIVE** Sponsored by:

- Nebraska WOCN Affiliate
- First Christian Church
- Volunteer Partners
- Madonna Proactive
- CEDARS Foster Care
- Dimensions Education Programs & Southern Heights Food Forest
- UNL Outdoor Adventures
- Nebraska Vegetarian Association
- Nebraska Community Blood Bank
- East Campus Community Organization
- Make a Wish
- Foreman Foundation
- College of Dentistry
- Shades the Clown
- Star City Stroller Moms
- CHI Health St. Elizabeth
- Capital City Fitness & Performance
- Lincoln Yoga Center
- MilkWorks
- Lincoln 55+ Seniors Newspaper



**\*Josh the Otter will be roaming all over the route!!**