

# FREE T-SHIRTS!\*

\*The first 150 kids to walk the Clinton Elementary School walking path and complete the 4 fitness challenges will receive a **FREE** Streets Alive! t-shirt!

\*Get your brochure stamped by each fitness activity leader at the Clinton school track.



# Are you having fun?

Tell us how you feel about Streets Alive! by filling out a survey at the Partnership for a Healthy Lincoln information table. While you're there, find out how to get a FREE adult Streets Alive! t-shirt.



#### Partnership for a Healthy Lincoln

Streets Alive! is a City of Lincoln supported event brought to you by Partnership for a Healthy Lincoln and more than 30 generous community sponsors.



### Thank you to our generous sponsors!

### **Platinum**

Community Health Endowment City of Lincoln

### Gold

Brvan Health CHI Health St. Elizabeth Lancaster County Medical Society **KLKN Channel 8** 

#### Silver

Blue Cross Blue Shield of Nebraska Foreman Foundation KX 96.9 Lincoln Industries Lincoln Journal Star Nebraska Medical Association Uprise Design Whole Foods

### Bronze 10 Health TV

55+ Senior Newspaper Complete Weddings + Events Great Plains Trails Network Holmes Murphy & Associates Hy-Vee Lincoln Lancaster County Health Department Main Mix Audio NeighborWorks Lincoln UBT - Union Bank & Trust

### **Route Sponsors**

Waddell & Reed

B & R Stores Great Plains Bicycling Club Nebraska Safety Council/WorkWell RD Lawn & Tree Service South Lincoln Dermatology





# **Event Rules**

**BE SAFE** - Streets are closed but participants should watch for vehicles, children, pets and other normal hazards. Streets Alive! is not held liable for participants' failure to be watchful. No weapons. No smoking.

**BE RESPONSIBLE** - Take care on the streets and sidewalks; watch for others. Dispose of litter and pet waste in responsible ways.

**BE RESPECTFUL** - Use family-friendly language; be considerate of others.

BE GREEN - Please recycle in the bins along the route.

In case of emergency, contact volunteers at the Information Booths or call 911.



## **Entertainment Schedule**

Peter Pan Park - Sponsored By:

JOURNAL STAR

1:00 - 2:30 PM - Lincoln Ukulele Group 2:45 - 3:45 PM - Less Talk More Polka

4:00 - 5:00 PM - Erosion

Starr Street (33rd and Starr) – Sponsored By:

1:00 - 3:00 PM - KX 96.9 Live Remote

Idylwild Park – Sponsored By:

1:00 - 5:00 PM - Tuna Fish Jones



Foreman Foundation

Clinton Elementary School – Sponsored By: 1:00 - 1:15 PM - Event Kickoff

1:15 - 2:30 PM - Cool Poppas

2:45 - 3:45 PM - The String Beans

4:00 - 5:00 PM - Men with Dreams

### Fitness Stage Schedule

Sponsored By:



N. 30th and Starr

1:00 - 1:30 PM - Dynamic Movement Dance (Aging Partners)

1:40 - 2:10 PM - **Bootcamp** (Fit 4 Lincoln)

2:20 - 2:50 PM - **Zumba w/Lisa** 

3:00 - 3:30 PM - **Body Combat** (Genesis Health Clubs)

3:40 - 4:10 PM - Circuit (Prairie Life Fitness)

4:20 - 4:50 PM - **Dance Fitness** (BeYOUtiful REFIT)

Peter Pan Park

1:00 - 5:00 PM - Yoga (Studio 4:8)

1:00 - 5:00 PM - Pickleball (Pickleball Lincoln)

1:00 - 5:00 PM - Disc Golf (Lincoln Parks & Recreation)

### Performance Schedule

### Idylwild and Starr-Sponsored By:

1:15 - 1:30 PM - Greater Impact

1:45 - 2:00 PM - Dancing Beyond Limits 2:15 - 2:45 PM - CK Dance Academy

3:00 - 3:30 PM - Complete Music Dance

3:45 - 4:15 PM - Colorful Magic Show

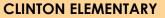
4:30 - 5:00 PM - Lincoln Irish Dancers

#### **Route Performances**

1:00 - 5:00 PM Jing Mo Tong Lion Dancing (Peter Pan Park)

1:00 - 5:00 PM Roberta Doeden Country & Swing Dancing (34th & Starr)

For more information about Streets Alive! visit: www.HealthyLincoln.org/initiatives/StreetsAlive



**Defy Gravity** Brvan Health



Sponsored by:

LLCHD-54321 GO! CHI Health St Elizabeth

Nebraska Extension Malone Community Center

Lincoln City Libraries Bookmobile Lincoln City Libraries Story Walk

LPS Early Development Network

Preservation Association of Lincoln

The Salvation Army

Men with Dreams

Community Action Partnership

Meals on Wheels by ACC

LLCHD-Tobacco Education & Prevention **UNL Dept. of Nutrition & Health Sciences** 

### STARR STREET (WEST SIDE OF 33RD) Sponsored by:

KX 96.9 Live Remote Nebraska State Troopers City of Lincoln-Pop-up Bike Lane Safe Kids Lincoln Bike Rodeo

**Connection Point** 

Christ United Methodist Church

Great Plains Bicycling Club New Hope Methodist Church

Clinton Neighborhood Organization

Lincoln Bike Kitchen

Southern Heights Food Forest

### **30TH STREET**

Sponsored by:

Whole Foods Clinic with a Heart MilkWorks BeYOUtiful with REFIT

NeighborWorks Lincoln

Asian Community & Cultural Center Tabitha Health Care Services

People's Health Center

Lincoln Children's Museum

Fire Truck & Smokehouse Ten Thousand Villages

Fit4Lincoln

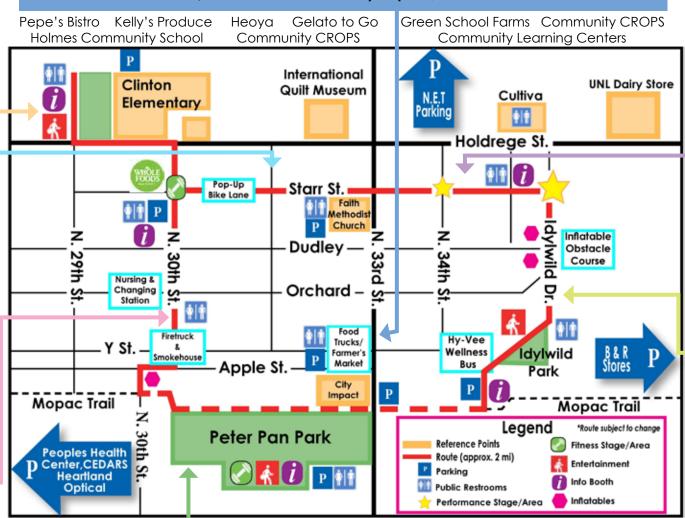
Nebraskans Against Gun Violence

American Cancer Society

**GIRLPowR** 

Joshua Collingsworth Memorial Foundation Planned Parenthood of the Heartland Nebraska Community Blood Bank Bluestem Montessori Elementary School Zumba with Lisa

### FOOD VENDORS/FARMER'S MARKET - City Impact, 33rd & Overland Trail



### **PETER PAN PARK**

Sponsored by:

Community Health

Endowment of Lincoln

City Impact Community CROPS 10 Health TV Prairie Life Fitness The Bay

Lincoln Animal Ambassadors

Ambassadors Baseball Academy Lincoln Parks and Recreation Department

Spring Creek Prairie Audubon Center LLCHD-Men's & Women's Program

Pioneers Park Nature Center

Nebraska Chen Style Tai Chi Development Center Jing Mo Tong Athletic Association

**CEDARS Foster Care** 

Lincoln Lightning Roller Girls (Skate Park) Star City Stroller Moms Lincoln Martial Arts Center Friends of the Dog Parks Lincoln Northeast Jr. Rockets Wrestling Club CenterPointe Cornhusker Council Boy Scouts of America Restoration City Church Studio 4:8 - Yoga Class Competitive Edge Sports Training Center Cornhusker Wrestling Club Partnership for a Healthy Lincoln

Pickleball Lincoln (Tennis Courts)

### STARR STREET (EAST SIDE OF 33RD) Sponsored by:

Good Life Fitness

El Centro de las Americas

Make a Wish Nebraska Kepler Family Chiropractic

Complete Family Footcare

Greater Impact

**CK Dance Academy** 

Macaroni Kids Lincoln

Colorful Magic by Bruce

Great Plains Trails Network

YMCA of Lincoln

YMCA Camp Kitaki

Doeden Country Swing Dancing

Sesostris Shrine

Lincoln Commission on Human Rights

The Star Project

**Christian Record Services** 

TOPS (Take Off Pounds Sensibly)

TeamMates of Lincoln Sleep Well Nebraska

### **IDYLWILD DRIVE**

Sponsored by:

CHI Health

St. Elizabeth

COUNTY MEDICAL SOCIETY

**Aging Partners** Common Root

Foreman Foundation

Lincoln Running Co.

Lincoln Track Club

Aqua Systems-Hydration Station

Nebraska Safety Council/WorkWell

**UNL Outdoor Adventures** 

Shades the Clown

Hy-Vee Wellness Bus

East Campus Community Organization

**UNMC** College of Dentistry

Hearts United for Animals

Matt Talbot Kitchen & Outreach

Lutheran Family Services of Nebraska/Health 360

Positivity Matters

Genesis Health Clubs

CKO Kickboxina

Nanobugs

South Lincoln Dermatology

Minute Clinic

The Dream Factory

Legal Aid of Nebraska

Nebraska Commission for the Deaf and Hard of Hearing

\*Josh the Otter & Parker Rex will be roaming our Streets Alive route!!